

Welcome to the ISAC 2026 Wellness Program

Join Your Program

Ready to get started?

Sign up today to take your first steps toward better wellbeing.

Key Dates

Program year:

Jan. 1 – Oct. 31, 2026

Deadline:

Complete your activities by
Oct. 31, 2026.

Your Rewards

As an insured employee of the Group Health Program, you can earn up to a \$364 incentive:

- \$264 will be paid through your November paycheck (reimbursed by ISAC)
- \$100 will come from Voya as part of your accident insurance

Get Started

Step 1:

Go to isac.livehealthyignite.com.

Step 2:

Register using email verification.

Step 3:

Enable multi-factor authentication (MFA). Instructions are available on the portal after you log in.

Your program: Purpose & Benefits

Your wellbeing matters, and the ISAC 2026 Wellness Program is designed to support your health journey while providing valuable incentives. This program offers simple ways to improve your health and earn rewards through activities that fit into your daily life.

How to Participate

Eligibility

This program is available to insured employees of the Group Health Program.

How to complete your program

Participating in the wellness program is straightforward. Complete the required activities between January and October 2026 to earn your full incentive. Track your progress through the wellness portal or mobile app.

To earn your full \$364 incentive, complete these key activities by October 31, 2026:

- Physical/Preventative Exam (\$100)
- Wellbeing Survey (\$25)
- Mental Health Training (\$25)
- Walking Program (up to \$214)

Download App



Download the Navigate Wellbeing app for a convenient way to track your activities.



Workouts:

Access dynamic workouts that challenge and motivate you to reach your fitness goals!



New! Video Learning Courses:

Explore our new 2026 video courses on nutrition, fitness, financial wellbeing, and stress management.



New! Personal Challenges:

Set and reach your health goals at your own pace with this new feature.