

WELLNESS CONTACTS & CHECKLIST

WELLNESS CONTACTS

Molly Hill
ISAC Staff Accountant
Email: wellness@iowacounties.org
Phone: 515-369-7012

Molly Steffen
ISAC Program Support Coordinator
Email: wellness@iowacounties.org
Phone: 515-369-7022

Amy Ziegler
MercyOne Business Solutions
Email: AZiegler@mercyoneiowa.org
Phone: 515-559-7830

NEXT STEPS

- ☐ Return the 2024 Wellness Agreement to ISAC
 - ☐ Return the Wellness Team Members Sheet to ISAC
 - ☐ If you want, Schedule a date with ISAC to rollout the program to employees
 - ☐ Distribute the 2024 Program Notice to Employees
 - ☐ Encourage Employees to Schedule their physical exam and complete the fax form
 - ☐ Have a minimum of 4 Wellness Committee Meetings (recommended quarterly)
 - ☐ Encourage employees to participate in the walking challenge
 - ☐ Provide your 2024 wellness committee meeting minutes to ISAC
-