



The path to greater wellbeing starts here



6.7 hrs
Sleep average

Wellbeing course

35%
Complete

3.6 k
Steps

22 mins
Activity



Yesterday's community service was a success!

21 Likes 9 Comments

Welcome to the ISAC program!

We're so happy you're here. Visit isac.livehealthyignite.com to log in and learn more about the program. We can't wait to share all the holistic tools you can use to enhance your wellbeing in all the parts of life that make you feel healthy, happy, and whole.

Earn rewards

Be well and earn rewards along the way! Use the tracking table on the platform's home page to earn and to submit your progress. Check out the program overview for more information on rewards.

Learn and grow

Enjoy resources like videos, articles, and other tools to support you in each area of wellbeing including financial, physical, mental, and emotional health.

Enjoy yourself!

Who said taking care of yourself had to be a chore? Join the fun with personal and group challenges and share your successes on the platform.

You also have the option to sync apps and devices, discover nutritious recipes, monitor your hydration, track your sleep, and more. No matter what your wellbeing goals are, you'll have the tools and resources to help you be well.

If you need to register:

1. Visit isac.livehealthyignite.com
2. Select JOIN NOW and follow the onscreen prompts.

Returning user

Simply enter your username and password.

Questions

info@navigatewell.com

(888) 282-0822



After creating your account, don't forget to download the *Navigate Wellbeing* app for a convenient and easy way to track your activities. The app is available as a free download in the Apple App Store and Google Play App Store! Scan the QR code to download.