

# Welcome!

# Opioid Settlement Funds Strategic Planning Summit

May 24-25, 2023



Opioid  
Response  
Network  
STR-TA



# Roundtable



Opioid  
Response  
Network  
STR-TA





**ROTA**

# Region 7 Rural Opioid Technical Assistance and Training Center

Partnerships in Prevention Science Institute (PPSI) @ ISU  
Community Health Engagement and Outreach (CHEO) @ MU

Greg Piler, MPS  
Region 7 ROTA-R Center Director  
5/25/2023



Opioid  
Response  
Network  
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# Mission of SAMHSA's ROTA-R program

The purpose of this program is to implement regional centers of excellence to develop and disseminate training and technical assistance addressing opioid and stimulant misuse affecting rural communities.

ROTA-R Centers facilitate the identification of model programs, develop and update materials related to the prevention, harm reduction, treatment, and recovery activities for opioid use disorder (OUD) and/or stimulant use disorder, and ensure that high-quality training is provided.



Partnerships in  
Prevention  
Science  
Institute



# Region 7



# Mission of the Region 7 ROTA-R Center

**To increase the capacity of rural communities to address opioid and stimulant misuse problems.**



# Partners and Advisory Committee

## Advisory Committee

The University of Iowa Addiction and Recovery Collaborative  
Iowa Department of Health & Human Services  
Nebraska Department of Health & Human Services  
Kansas Department for Aging & Disability Services  
Missouri Department of Mental Health

## Other Partners

National Guard Counterdrug Task Forces (IA, KS, MO, NE)  
ORN  
Midwest Prevention Technology Transfer Center  
University of Nebraska-Lincoln



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# Our Approach

## Region 7 Networking Center for Rural Opioid Technical Assistance and Training

### Needs Assessments

- Tailor to rural population needs in 4 Region 7 states
- Network coordinators/linking agents to lead assessments and coordinate efforts
- Prioritize domains of prevention, treatment, recovery, harm reduction training (PTRH) needs
- Use assessment process to engage local state stakeholders

### TA Planning and Preparation

- Apply taxonomy of Region 7 training resources mapping onto PTRH domains
- Support logic modeling to address priority rural population needs
- Map onto Networking Center/state resources
- Provide TA for Coordinators and State Stakeholders
- Build awareness of Resilience Zone Initiative prospects
- Adapt National Behavioral Health Extension Network website resources

### Technical Assistance Delivery

- Build awareness of networked behavioral health websites organized around taxonomy of training resources
- Provide trainings (ToT, Facilitator Training, Skills Training) for identified rural populations
- Provide On Demand technical assistance
- Monitor progress through web-based tracking systems



# PRIORITIES in Iowa & Region 7

- ✧ Systematic needs assessment process
- ✧ Analysis of needs
- ✧ Selection and approval of priorities
  - Geographic areas
  - Populations
  - Gaps in services
  - Region and by state





**Contact the Region 7 ROTA-R  
Center**

**Greg Pliler**  
**515-305-9346**  
**[gpliler@iastate.edu](mailto:gpliler@iastate.edu)**  
**u**

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# **Iowa Department of Health and Human Services**

# Opioid Response Efforts in Iowa

Iowa State Association of Counties Opioid Summit  
May 24-25, 2023

# Presentation Objective

- Promote community stakeholder involvement and available resources



# Iowa's Behavioral Health System

## Mental Health Services

- MHDS Regions
- Crisis Services
- Designated Community Mental Health Centers

## Substance Use and Gambling Services

- Licensed Treatment Providers
- Integrated Provider Network

## Access to information, resources and help

- Your Life Iowa
- 988

# Integrated Provider Network Services

## Prevention

Priorities: Alcohol, Marijuana, Gambling, Opioids and Prescription Medications, and Tobacco  
Strategic Prevention Framework (SPF)

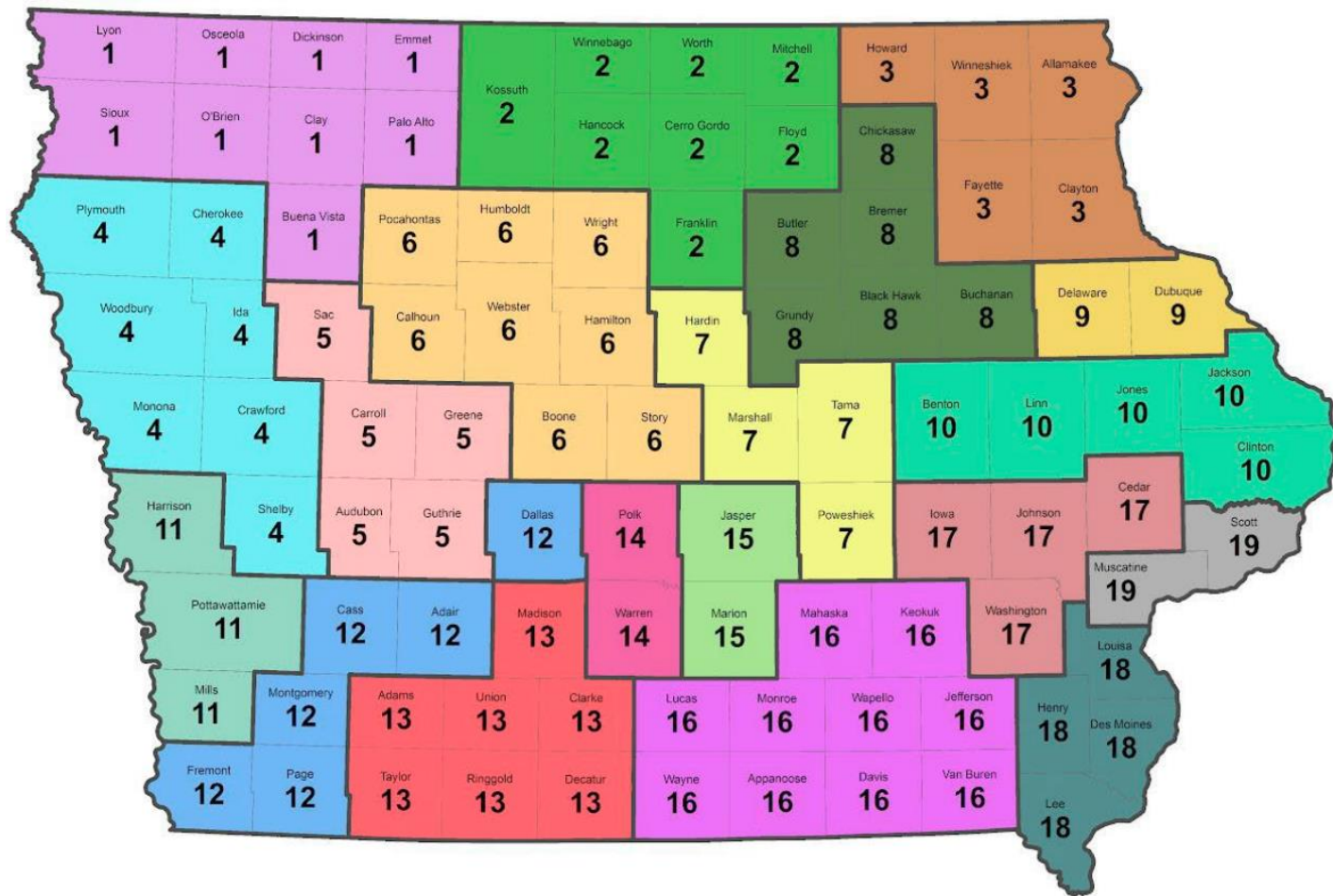
## Treatment

Outpatient, Residential (Adult and Youth),  
Methadone, Women's and Children Programs

## Recovery

Recovery Support Services  
Peer to Peer Support





<https://hhs.iowa.gov/substance-abuse/Integrated-Provider-Network>

# State Opioid Response Efforts

- Prevention staff assigned for each service area.
- Community based coalitions are important partners.
- Media and information sharing for stigma reduction
- Naloxone education and distribution.
- Treatment and recovery service providers
- MOUD providers (healthcare providers to prescribe)
- Recovery Community Centers
- Harm Reduction providers
- Recovery Housing providers



BE PREPARED TO  
**SAVE A LIFE.**

Naloxone reverses the effects of an opioid overdose

**FREE NALOXONE IS AVAILABLE**

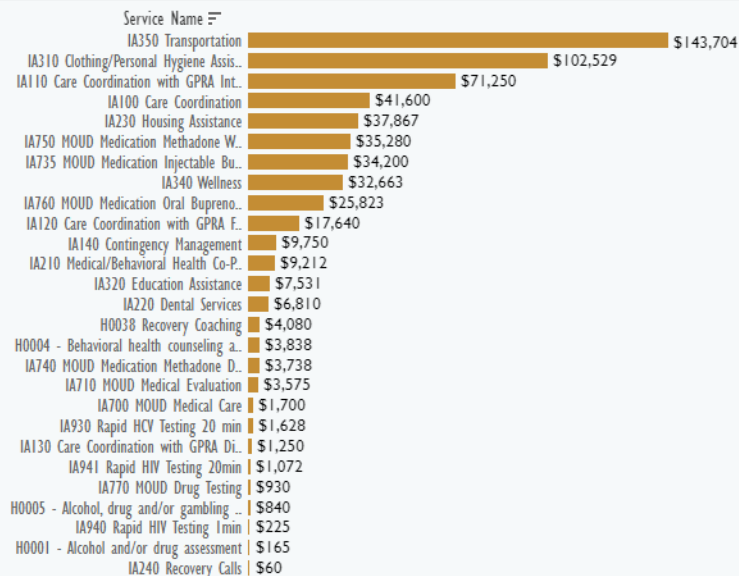
for you and your workplace! No prescription needed.

# SOR grant Recovery Support Services

## SOR3 Dashboard

Payor Group... (All)

### Total RSS Spent for SOR3



SOR3 providers have spent **\$598,610** out of **\$2,252,901** of the RSS Budgets.

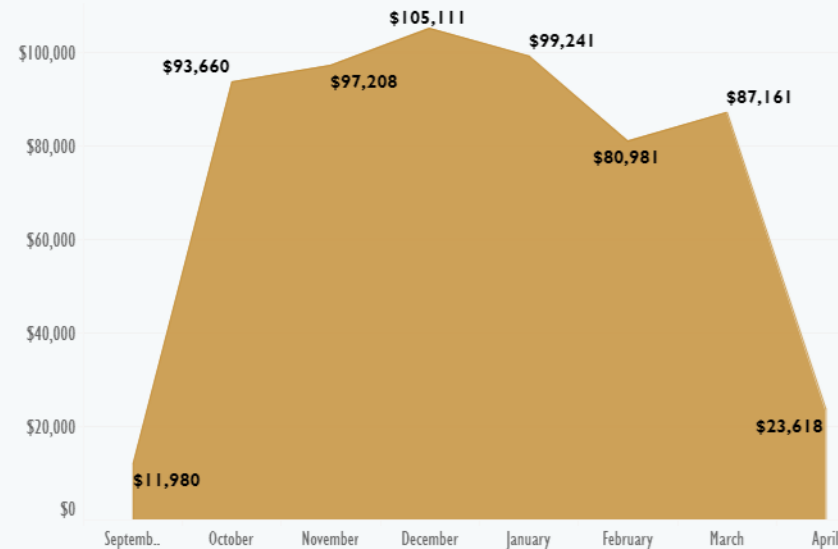
**\$598,610**

**\$2,252,901**

SOR3 providers have admitted **689** individuals out of the required **612**.

**689**

### Total RSS Spent by Service Date



This report is updated as of 4.18.2023

# Iowa's Crisis System

Someone  
to Talk  
to:

988  
Your Life Iowa

Someone  
to  
Respond

Mobile Response  
Crisis Stabilization Community-Based  
Services

A Safe  
Place to  
Be

Crisis Stabilization Residential Services  
23 Hour Observation and Holding  
Access Centers

Crisis Services | Iowa  
Department of Health  
and Human Services

# 988 SUICIDE & CRISIS LIFELINE

- Free and confidential 24/7 emotional support to people in suicidal crisis or emotional distress
- National network of over 200 local crisis centers
- Trained crisis counselors who support individuals considering/experiencing:
  - Suicide,
  - Self-harm,
  - Emotional distress, or
  - People looking for help for someone experiencing a crisis.
    - Crisis as defined by the individual.

Iowa

# Your Life Iowa

Funded by the Iowa Department of Health and Human Services



- Phone, Chat, Text, Website (<https://yourlifeiowa.org>), Social Media (@YourLifelowa)
- Confidential & Free Information, Resources, Referrals and Help around substance use, gambling, suicide, mental health, and more.
- Available 24/7/365
- Help is offered by experts in the field dedicated to the health of Iowans
- Supportive Text Messaging: YourLifelowa.Support
- Contractor – Foundation 2, Inc. (Cedar Rapids)



CALL:

**(855) 581-8111**



TEXT:

**(855) 895-8398**



CHAT:

**YourLifelowa.org**

# YLI Healthcare Provider Toolkit

When you refer your patients to Your Life Iowa for help, you can trust they're in good hands. Trained professionals provide reliable information and resources, connect individuals to counselors and more.

In this kit, you'll find brochures, posters and informational cards designed to help you support your patients with Your Life Iowa.



[https://yourlifeiowa.org/sites/default/files/2022-11/YLI\\_HealthcareProviderToolkit\\_All\\_2022.pdf](https://yourlifeiowa.org/sites/default/files/2022-11/YLI_HealthcareProviderToolkit_All_2022.pdf)



# Questions?

## **Presenter Contact Information:**

Iowa Department of Health and Human Services

Division of Behavioral Health Services

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**NACo**



**OPIOID  
SOLUTIONS  
CENTER**



**Stronger Counties.  
Stronger America.**

## Planning Tools

- Custom guidance for counties to apply nationally-recognized planning principles

### The Principles: A Quick Guide to Conducting a Needs Assessment



The Principles for the Use of Funds From the Opioid Litigation are nationally recognized guidance for states, counties, and cities receiving money from the lawsuits against entities that contributed to the opioid epidemic. These planning Principles, coordinated by faculty at the Johns Hopkins Bloomberg School of Public Health, can help jurisdictions create a foundation for effective spending of the monies to save lives from overdose.

The Principles for the Use of Funds From the Opioid Litigation encourage communities to use settlement funds to supplement existing opioid abatement work (*Principle 1*) and invest in effective evidence-based interventions (*Principle 2*). Conducting a local needs assessment is an important early step in determining how to disburse these limited resources for maximum impact.

#### What is a needs assessment?

A *needs assessment* is a systematic process for identifying a community's health needs and assets. In the context of opioid settlement planning, a *needs assessment* is used to identify the areas in which interventions can save the most lives.

Needs assessments rely on local data. Both quantitative data (e.g., number of overdose events, number of individuals receiving treatment, and length of waitlists for care) and qualitative data (e.g., community-identified priorities) help tell the story of a community's opioid challenges and current methods for navigating them. Needs assessments use this data to identify discrepancies between a community's needs and its system capacity that warrant further investigation and investment.

#### Who conducts a needs assessment?

In many counties, needs assessments are entirely administered by the local health department, though it may also contract with other organizations to conduct all or part of the assessment (e.g., schools of public health, non-profit organizations).

#### When should a needs assessment be conducted?

The Substance Abuse and Mental Health Services Administration suggests conducting a needs assessment *every three years*. As we have seen during the COVID-19 pandemic and with the introduction of synthetic opioids like fentanyl into the drug supply, the substance use landscape in the United States can change quickly. Periodic needs assessments help counties tailor their opioid response strategies to their population's evolving needs.

#### Why is a needs assessment important for planning opioid settlement spending?

Opioid settlement funds are arriving after years of county-led opioid response efforts. A needs assessment can help counties invest this new funding strategically to expand the reach of currently funded solutions and close gaps in services, either where needs are not being met or where new needs arise. These funds will be disbursed annually over many years depending on the settlement terms. A needs assessment is a powerful tool counties can use to ensure settlement funds create a sustainable, long-term reduction in opioid misuse and overall substance use disorder.

Many jurisdictions already possess sufficient resources and data to conduct a needs assessment. This guide will serve as a quick reference to aid counties in conducting such an assessment to assist in investing their opioid litigation funds.

# Decision-Making Tools

- Research summaries and county considerations for a subset of eligible expenditures

**METHADONE**  
(Brand name: Dolophine®)

**BUPRENORPHINE**

**NALTREXONE**

**What evidence supports MAT as a public health strategy?**

While all three manage OUD symptoms, only methadone and buprenorphine have been proven to prevent opioid overdose. <sup>1,2</sup> Evidence is growing that evidence-based treatment can reduce the risk of overdose among those with OUD.

**Are there best practices for supporting or implementing MAT?**

- **Support equal access to all three FDA-approved medications** ("We need all 3") so healthcare providers can reliably access the right tools for the right patients.
- Support access to all three FDA-approved MOUD for people who are incarcerated or under community supervision.<sup>3,4</sup>
- Get creative: **Support access in rural and underserved areas** via telehealth<sup>5,6</sup> and mobile clinics.<sup>7</sup>
- **Remove cost barriers.** Leverage resources to fund MOUD, cover the out-of-pocket/retail cost for people with limited insurance,<sup>8,9</sup> support continuing MOUD for parenting patients who may lose Medicaid or other coverage after giving birth.<sup>8</sup>
- **Encourage "medication first" policies** that provide MOUD as soon as possible and without conditions (e.g., tapering schedules, mandatory acceptance of other services)<sup>10,11</sup>
- Fight stigma. **Voices strong support for MOUD** as effective treatment for OUD. Stigma and misinformation pose significant barriers to residents getting the care they need.<sup>12</sup>

**A Note On Language**

You may see Medication Assisted Treatment (MAT) referred to as Medications for Opioid Use Disorder (MOUD) in medical journals and other settings. MAT and MOUD are the same thing. "MAT" was first used to convey that certain medications could "assist" other forms of therapy in promoting recovery. It is true that many people living with OUD benefit from counseling and other therapies while also being treated with medications. However, favor has shifted to using "MOUD" as research shows that these medications provide effective, tangible benefits to people living with OUD even without other forms of counseling. Medications do not only "assist" treatment; medications are a core component of treatment.

**ADDITIONAL RESOURCES:**

Please visit the Opioid Solutions Center for a curated list of resources, technical assistance opportunities and the sources referenced in this brief.

Author:  
**Jennifer J. Carroll, PhD, MPH**  
Revised February 2023 to move additional resources and technical assistance content to a dynamic web version, available at the QR code above.



## Peer Learning Opportunities

- Leadership Network
- NACo Conferences
- Counties in Action

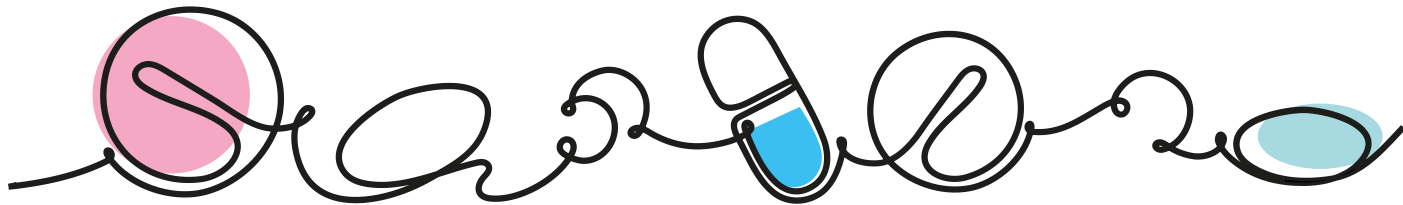


**Counties in Action**



# Visit NACo's Opioid Solutions Center

**[www.naco.org/opioid](http://www.naco.org/opioid)**







## Contact

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National Association of Counties

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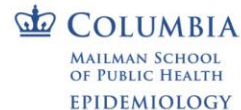
# **Johns Hopkins Bloomberg School of Public Health, Bloomberg Overdose Prevention Initiative**

# Principles for the Use of Funds from the Opioid Litigation

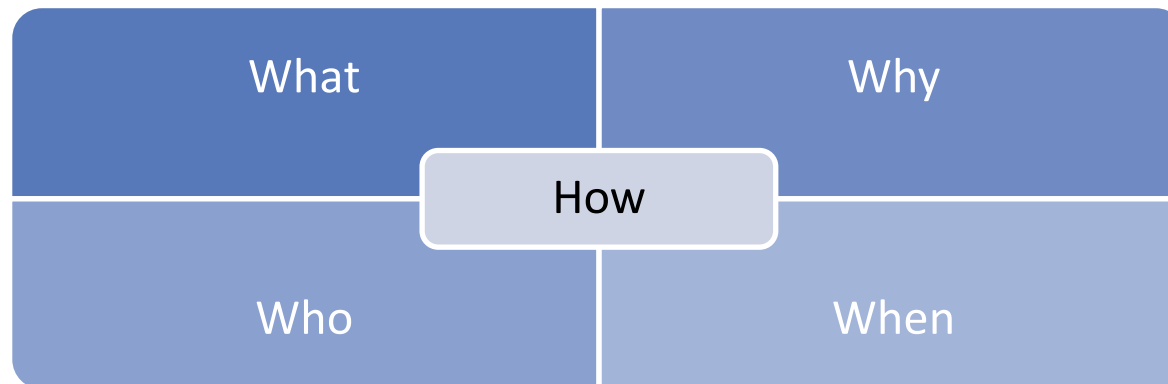
- 1 Spend Money to Save Lives
- 2 Use Evidence to Guide Spending
- 3 Invest in Youth Prevention
- 4 Focus on Racial Equity
- 5 Develop a Fair and Transparent Process



# Endorsed by over 60 organizations



# The Principles: A Quick Guide to Conducting a Needs Assessment



Reference: <https://www.naco.org/resources/opioid-solutions/principles-quick-guide>

# Contact

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# Iowa Attorney General

# National Opioid Settlements

## Role of the Attorney General's Office

William R. Pearson

May 25, 2023



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# Role of Iowa AG's Office

- ✧ Attorney General's Office represents the State of Iowa as a party to the National Opioid Settlement Agreements.
- ✧ Allocation of settlement proceeds between the State and the counties is governed by the Iowa Memorandum of Understanding, which is found on the Iowa AG's website.
- ✧ Funds are disbursed by the National Administrator.
- ✧ State funds are held primarily in the Opioid Settlement Fund and subject to appropriation by the State Legislature.



# Schedule of Uses Under the Iowa MOU

- ✧ Exhibit 1 to the MOU includes Schedules A (Core Strategies) and B (Approved Uses).
- ✧ This Exhibit is drawn from Exhibit E to the National settlements.
- ✧ MOU states 75% of funds should be used for Schedule A (Core Strategies) purposes.



# Reporting Requirements

- ✧ Under the Iowa MOU, any Participating Local Government that receives opioid settlement funds must prepare and file a public annual report to the Attorney General's office.
- ✧ Due by December 1 following the end of the fiscal year.
- ✧ Form can be found at [www.iowaattorneygeneral.gov](http://www.iowaattorneygeneral.gov) .
- ✧ Mallinckrodt funds have additional reporting requirements.
- ✧ Questions? Email [opioidsettlement@ag.iowa.gov](mailto:opioidsettlement@ag.iowa.gov)





# **Opioid Response Network- Submit a Request**

# Opioid Response Network

- ✧ [www.opioidresponsenetwork.org](http://www.opioidresponsenetwork.org)
- ✧ Blue button in upper right hand corner- “Submit a Request”
- ✧ Google Form
- ✧ Complete it
- ✧ Click Submit
- ✧ We respond within 1 business day

