

# 2023 ISAC WELLNESS PROGRAM

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## PROGRAM DATES

The ISAC Wellness Program will run between January 1, 2023 and October 31, 2023.

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## PROGRAM STRUCTURE

- Completion of a physical OR preventative exam with a doctor who CAN fill out a fax form. = 4 TOTAL points
  - 50% Employee Participation = 1 point
  - 60% Employee Participation = 2 points
  - 70% Employee Participation = 3 points
  - 80% Employee Participation = 4 points
- Complete the Online Assessment = 1 TOTAL point
  - 60% Employee Completion = 1 point

ISAC will provide \$20 per county contract on 1/1/2023 for Wellness Dollars-Updated RULES

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## EMPLOYEE INCENTIVES

An insured employee of the Group Health Program may earn up to a \$352 incentive, of which \$277 will be ran through their paycheck in November and reimbursed by ISAC. The other \$75 will come from Reliance Standard as part of the accident insurance. ISAC will reimburse the county the incentive + employers FICA tax.

- \$75.00 Completion of the physical/preventative exam with a doctor who CAN fill out a fax form **(Reimbursed through accident insurance)**
- \$25.00 Completion of the Online Assessment
- Up to \$242 for walking 10,000 steps per day. \$1.00 a day February 1<sup>st</sup> – September 30<sup>st</sup>
- \$5 Connect a device to the portal
- \$5 Completion of the Carebridge Review