

August 2022 Brain Health Awareness



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The Iowa County August 2022

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ISAC's Mission: To promote effective and responsible county government for the people of Iowa.

#### ISAC's Vision:

To be the principal, authoritative source of representation, information and services for and about county government in lowa.

## NACo County Leadership Institute

Last month, I had the privilege of attending the NACo County Leadership Institute (CLI), a multi-day program hosted in Washington, D.C. by NACo and Cambridge Leadership Associates. This year's cohort consists of a group of 14 elected and appointed county officials from across the United States. Our focus was learning and working within the Adaptive Leadership Model. Why? Because our world is changing and so are the problems we are all called on to solve. This course challenged us to look at a problem from many angles, to "get on the balcony", and examine things from a distance so we can better understand how the pieces might be working together or not.

We drilled down on the distinction between "authority" and "leadership" and why it's important to understand the difference. Meeting adaptive challenges requires the cooperation and work of many, not just one. "Because I'm in charge and I say so" will not get you there (sorry). Being clear in your purpose for making a change, building trust with your team and understanding that "adaptive work is slow work" are all steps in the right direction.



Latifah Faisal Story County Supervisor Lfaisal@storycountyiowa.gov

"The single biggest leadership failure is to treat <u>adaptive challenges</u> like <u>technical problems</u>." – *Ron Heifetz* 

Technical problems are usually easy to identify. They either have quick, clear solutions or can be resolved by an expert. They don't require a lot of personal change, are met with little resistance, and solutions are implemented quickly. An adaptive challenge, on the other hand, is less straightforward and is often made up of a mix of technical and adaptive issues. Because of this, they are more difficult to identify and there is often a rush to solve the technical and move on to the next new pressing issue.

Adaptive challenges require multiple changes across beliefs, values, roles, and relationships. There is no hard and fast game plan, rule, or solution. They require experimentation, taking some chances, trying different things, being

open to failure, and trying something else. Adaptive solutions require a willingness to be uncomfortable and challenge the status quo. This is why people tend to be more resistant to adaptive solutions.

We see a cardiologist when we have heart problems or a mechanic if our vehicle won't start. The general problem is easily identified, and we can enlist an expert to remedy the problem. The expert has had training that includes an agreed upon set of steps to solve the problems they deal with. Technical problems with technical answers.

What percent of people make recommended



lifestyle changes after heart surgery? Why do some people make massive changes and some not so much, if any? What makes lifestyle changes so hard? Are there community interventions that could reduce the prevalence of heart disease locally? Are these technical problems or a larger adaptive challenge?

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## NACo County Leadership Institute

An adaptive leadership approach to the challenge described above involves operating strategically. It's a marathon not a sprint. The goal is to mobilize people by identifying and centering a clear and shared purpose for the work. It's also about building broad ownership in the work by uncoupling leadership from authority and giving the work back to those with the most stake in the solutions. It requires welcoming many points of view, bringing people

back to the shared purpose frequently, and acknowledging that change is often accompanied by a sense of loss.

By stepping back and getting "on the balcony", we can look at the systems involved, our role in those systems, and how they interact. It's not easy. It's a different way of examining our changing world, and it takes practice. It's tempting to jump to solutions quickly. People look to us for answers because we are problem solvers. But trying to use a single technical solution to an adaptive challenge is only a band aid and can potentially consume a lot of resources that would be better used differently.



I want to say a heartfelt thank you to ISAC and NACo for the awesome opportunity to learn and grow. The NACo County Leadership Institute gave me a chance to practice adaptive leadership skills with a group of county leaders who are wrestling with many of the same challenges and who have a wide variety of experiences and knowledge. I would encourage anyone who has the opportunity to participate in the NACo CLI to jump on it without hesitation and to walk in ready to work and learn. You won't regret it.

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## Brain Health Awareness Campaign Seeks to Create Connections

In order to raise awareness for brain health, an ongoing outreach, advertising, and public relations campaign has been in the works to create more awareness for, and access to, brain health services and to reduce the stigma long associated with mental illnesses.

A grassroots organization in eastern lowa, with statewide reach, is called Brain Health Now. Led by Debi Butler of Dubuque, this statewide initiative uses personal outreach, marketing, advertising, and social media to change the mindsets present in so many lowans. She notes, "Words are powerful, words matter. The stigma surrounding mental illness can be as detrimental to someone's life as the disease itself. Society must understand that the brain is an organ and can get sick too. The stigma that's associated



**Mae Hingtgen** CEO, East Central Region



**Debi Butler** Brain Health Now

with words such as 'mental illness' can prohibit people from seeking the help they need. We need to reframe the conversation from mental illness to brain health and treat it as it should be."

Butler's background is in psychology, and the brain health topic is near to her heart. "My passion for starting Brain Health Now is due to my brother Steve who was diagnosed with schizophrenia in 1985. The stigma impacted my brother in a very negative way, and I watched him hide from society because he did not feel like he belonged."

"It's very important to treat brain health issues just like we treat other organs in our body that can be compromised. It's not a choice or a character flaw to have a brain health issue. We need to normalize the lives of the one out of five people who experience a brain health issue," she says.

Organizations like Brain Health Now seek to connect individuals and families in need with the resources in those regions that are geographically closest to them. The 14 mental health/disability services (MH/DS) regions in Iowa, who receive and disperse local and state funding to provider organizations and support mental health and disability services for Iowans, have engaged with Brain Health Now to spread this message statewide.

MH/DS of the East Central Region (ECR) is one of those 14 regions. ECR serves people in the following counties in eastern Iowa: Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones, and Linn.

Mae Hingtgen, CEO of ECR, notes that the purpose of ECR and its 13 companion regions across the state is to collaborate with disability service providers, healthcare providers, school districts, law enforcement, the judicial system, legislators, and countless direct care providers to strengthen the network of support services for adults and children with disabilities of all kinds.

"ECR and the other 13 regions in the state don't provide the direct services to individuals and families in need, but we, as regions, provide the funding to the organizations that do provide those services. Our goal is to build an awareness that it's okay to need help for brain health concerns and that help is available throughout lowa. Organizations like Brain Health Now and insightful leaders like Debi Butler are an excellent example of how a grassroots group of people can step up to make a difference, become part of a larger network, and raise awareness for the needs and solutions available for brain and disability support services," she says.



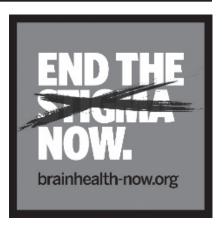
Mental Health/ Disability Services of the East Central Region

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## Brain Health Awareness Campaign Seeks to Create Connections

On a statewide level, all 14 MH/DS regions supported the development of <u>www.iowamhdsregions.org</u>, which highlights the language promoted by Brain Health Now and directs people to services in their area. The regions have also supported statewide training to reduce the stigma and to promote access to services.

Hingtgen also notes that, "As we have all worked our way through COVID and the stressors it has brought to the world, to the state of Iowa, and to our communities across the state, we know that brain health issues and the need for services is at an all-time high. It is critical for us to get the word out more intentionally and consistently to let people know that there is help available... compassionate, immediate, and free or Iow-cost help for both short-term crises and long-term issues that people and families experience."



For more information about Brain Health Now, and ECR, visit their websites for more information: <u>www.brainhealth-now.org</u> and <u>www.ecriowa.org</u>



## Little Things Mean a Lot

There's a song from 1953 by artist Kitty Kallen, called "Little Things Mean a Lot". One of the verses says, "Give me your hand when I've lost the way. Give me your shoulder to cry on. Whether the day is bright or gray, give me your heart to rely on. Send me the warmth of a secret smile. To show me you haven't forgot. Now and forever, that always and ever. Little things mean a lot."

Though this song came out nearly 70 years ago, there is something very appropriate about these lyrics today. COVID has caused many changes to our communities, state and world. Now, more than ever, we must do those 'little things' to show our support and care for each other through our words and actions.





**Mae Hingtgen** CEO, East Central Region

**Debi Butler** Brain Health Now

Being supportive is important for everyone, but especially for family, friends, coworkers and those in our communities who live with brain health issues. Notice, we didn't say 'mental illness' and instead said 'brain health'? Those words are so 'little' but mean a lot. The negative stigma associated with brain health issues is very prevalent and needs to be eliminated in our communities, state and world. Fifty million Americans have diagnosed brain health issues. Many of us need support and care.

How many times have you (knowingly or unknowingly) said, "That person is a wacko!" or "My friend is going off the deep end!" or "I sure hope nobody in my family gets connected to a mentally sick person!". These are all examples of the everyday language that many of us use when we describe someone who has a brain health concern. Little words...but a powerfully negative message.

Another small but powerfully negative habit is calling someone by their brain health diagnosis. "Oh, he's schizophrenic" or "Yep, she's OCD." That's a negative label that creates a stigma for that disease. Would you say "My mother-in-law is cancerous"? Or would you say "I am arthritis"? No, you would not call yourself or others by their/your physical illness diagnosis. That is not who they or you are.

The stigma that surrounds 'mental illness' keeps people from looking for help and treatment. Feelings of shame, weakness, and trying to "power through it" are all emotions that keep people from seeking help for their brain health concerns.

You, yourself, can make a difference. Change the words you use when you talk about brain health. Reach out to friends and family who need that "hand to hold or shoulder to lean on". Have conversations to begin a process of understanding and healing. Volunteer. Donate. Look for resources for those who need them.

"Now and forever, that always and ever. Little things mean a lot."

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## Why Did My County's Premium Increase?

A key question insurance agents serving counties and Country Risk Management Services agents are being asked this year is, "Why did my county's premiums increase?" After all, the budget has been certified, department heads have set their budgets, and now the renewals may have a 15% to 20% increase. As county officials, you don't want to hear this news. As agents, we don't want to deliver that news, either.

The answer to this question is complex. Each county is unique, but there are some similarities when analyzing premium changes. An important distinction is the difference between **exposure** increases and **rate** increases.



County Risk Management Services, Inc. (CRMS) <u>www.crmsia.com</u>

Exposure increases include the following major categories:

- 1. **Operating Expenditures**. This is a review of the county's adjusted operating expenses found on Line 26 (before transfers out) of the budget posted on the Department of Management website of the threeyear comparison page. Adjustments are made subtracting certain deductions (Capital Improvements, Law Enforcement expenditures, Welfare Benefits, Independent Contractor expenses, etc.); the final number is compared to the number from the prior year. The operating expenditures mainly impact the general liability line.
- 2. Property Limits. The increase may come from additional buildings or equipment added throughout the year and the inflation factor. An inflation factor is applied to buildings insured at replacement cost. Before the derecho\* and the Covid-19 pandemic of 2020, the factor was around 2% to 4%. The entire insurance industry, including ICAP, realized the catastrophic nature and the domino effect these two disasters had on the property limits. Subsequent storms, supply chain shortages, and labor shortages all had negative impacts on the replacement cost valuations for buildings. In order to respond to the undervalued limits, numerous carriers, including ICAP, increased the inflation factor to 6% or 8%. A benefit feature for all members ICAP is no midterm premium charge. Meaning, no immediate premium charge is levied for property or mobile equipment less than \$100,000 in value. \*The loss figure we've seen for the entire derecho event was \$11 billion! Carriers are attempting to keep pace with replacement costs for now and the future due to these events and numerous shortages.
- 3. Fleet Liability. Another feature of ICAP membership: coverage is automatic for all licensed vehicles with **NO PREMIUM CHARGED** midterm regardless of cost. At the next renewal, the vehicle is rated for the upcoming year.
- 4. Fleet Property Damage Limits. No charge is made midterm for additions.
- 5. Employee Count. This exposure is simply a comparison of employees rated for from one year to the next.
- 6. Ratable Payroll. The ratable payroll impacts not only the rating for ICAP but also IMWCA for worker's compensation. ICAP rates for very specific classes of work; IMWCA rates for all workers. Bottom line, if the county payroll increases it will have an impact on your premium. In worker's compensation each class code has its own rate. The distribution of payroll among class codes, the experience modification factor (mod), and the specific earned discounts and credits could result in a premium decrease even with an increase of payroll. The worker's compensation premium is a more in-depth analysis specific to each county.

The second important reason the county premium may have increased is a **rate** increase. Rate increases stem from the following:

1. **Reinsurance Premium Increase**. ICAP purchases insurance from reinsurers in the same fashion as traditional insurance companies. Major companies in the reinsurance market include Munich, SWISS, Hannover, Berkshire Hathaway, Lloyd's of London, etc. Reinsurance is "negotiated" between the two parties after

## Why Did My County's Premium Increase?

an analysis of claims data, trends, and other factors. In the last several years, the reinsurance market has been in a turmoil. In January, ICAP notified members and agents to anticipate a 12% to 15% rate increase based on the reinsurance projections at that time. When the reinsurance was finalized late spring, the actual cost was higher than originally anticipated.

- 2. Cyber Premium. Cyber liability has also had tremendous upheaval since the pandemic started. Shutdowns, job closures, quarantines, and work from home scenarios created an environment primed for computer hackers to hone their skills. And they did with a vengeance! Claims skyrocketed to unprecedented levels. The premiums tripled and quadrupled for some businesses if they could find a carrier to insure them at all. This is a line of coverage ICAP purchases and passes thru to the end user, our counties.
- 3. Holding Facilities (Jails). County's that operated a jail prior to 2022 were not charged for this exposure. During reinsurance negotiations, a review of claims uncovered that this was a specific exposure with great potential for claims unique to their operation. Each account operating a jail is incurring a flat charge of \$10,000.

The Council of Insurance Agents and Brokers released their 2022 U.S. Casualty Market Outlook recently. Their analysis found the cost for commercial auto, general liability, and umbrella coverages increased between 26% to 51.9% over the last 12 months.

#### **Nuclear Verdicts**

A new term has emerged in the insurance industry – Nuclear Verdicts. Nuclear Verdicts refer to an exceptionally high jury award that surpasses what should be a reasonable or rational amount.

Nuclear verdicts have exploded in the Midwest (including Iowa) in the last few months. Two settlements awarded within the last few months are examples of Nuclear Verdicts. The first was in Johnson County which awarded \$97.4 million in March. The second case was in Minneapolis where the jury awarded \$111 million in a personal injury case.

Over the last 12 months, ICAP has incurred four claims exceeding \$2 million and currently has one claim reserved for \$2 million. These types of awards are not unique to ICAP. In general, claims have been more frequent and severe in the last few years.

Premiums increase and decrease based on multiple factors. ICAP, IMWCA, and your local agent perform due diligence in ensuring you have the best coverage at the most affordable cost. If you have any questions, please contact your local agent or any of the CRMS representatives. Learn more about CRMS at <u>www.crmsia.com</u>. We're here to serve you!

## 2022 ISAC Annual Conference Educational Seminars

ISAC is excited to announce the four educational seminars taking place during the 2022 ISAC Annual Conference. Join us on Wednesday, August 24, 2022, from 9:00 am - 11:30 am and 12:30 pm - 2:30 pm for the following seminars:

- Planning, Partnerships, Engagement, and Civility Track– all day
- Leadership and Retention through Effective Communication Track all day
- ICIT Track all day
- Downtown Des Moines Mobile Tour afternoon only

All educational seminars can be attended by any conference attendee at any time.

Planning, Partnerships, Engagement, and Civility Track 9:00 am – 2:30 pm Meeting Room 307-310



Veteran's Memorial Community Choice Credit Union Convention Center | Des Moines

Registration open through August 3 at <u>events.iowacounties.org/Login</u>!

#### 9:00 – 11:30 Capital Improvements Planning and City/County Partnerships

This workshop will be a two-part presentation with the first part focused on the preparation of capital improvements plans (CIP) and the second part on different ways to partner with the cities in your county. The CIP portion will review the reasons why your county might want to prepare a CIP for all departments and a step-by-step process on how to prepare a CIP. The second portion will be a review of possible areas of common interest with the city governments in your county and how to put together joint efforts or agreements that will hopefully benefit all entities and the taxpayers in your county for such things as economic development groups, solid waste programs, fire protection, road construction, employee training, etc.

#### 12:30 – 2:30 Citizen Engagement and Civility in the Workplace

This workshop will have two areas of concentration – citizen engagement and the need for civility in government. The citizen engagement section will be an overview of what your county could do to keep your residents informed about county projects and events and what might also be done to obtain their thoughts and suggestions. The second part of this session will be a discussion regarding the impact that a lack of civility and respectful dialogue could have on county operations. It will also provide suggestions on what can be done to maintain a civil environment in turbulent times with such things as a code of conduct. Participants will be asked to share their stories and to offer their advice on these two important topics in what should be a lively discussion.

#### Leadership and Retention through Effective Communication Track 9:00 am – 2:30 pm Meeting Room 312 – 314

#### 9:00 – 10:15 No One Communicates Around Here!

We've all heard how important communication is, but we don't always practice it. Being an effective communicator can dramatically increase your success as an individual and as a leader. Session highlights include:

- Why good communication is so important, why we don't practice it, and how to make it a habit.
- How to clearly and concisely communicate to be heard.
- Communication runs both ways. How to be a good listener for life!

#### 10:15 – 10:30 Break

## 10:30 – 11:30 Retention: What Does Communication Have to Do With Retention? And How to Retain and Recruit Top Talent.

During the Great Resignation and employee shortages, you need to bring your A game to attract and retain top talent. In this section of the trainnig, learn what you need to do to develop your A game to attract the right candidates and to retain your top employees.

Learning Objectives:

- Give your employees L.O.V.E. so they never want to leave.
- Discover how to market to attract top job applicants for the county sector.
- Learn how to Interview for culture fit.
- Understand what your top performers want from you for them to stay.
- Learn what you need as a manager for your employees to thrive.

#### 12:30 – 2:30 Emotional Intelligence: It's Effective Leaders Superpower!

According to research Emotional Intelligence (EQ), the ability to identify and manage one's own emotions, as well as the emotions of others, is twice as important as IQ.

Session highlights include:

- EQ case study review. A strong case for the need to have high EQ.
- Why EQ is so important to individual and organizational success.
- How to develop EQ skills for the betterment of your career and the betterment of the department.

#### ICIT Track 9:00 am – 2:30 pm Meeting Room 302-304

#### 9:00 – 11:30 What Not to Ransomware: Cybersecurity Advice for YOUR County

Are you experiencing sleeplessness, headaches, or irritable boss syndrome? Do ransomware headlines have you seriously considering tinfoil apparel? It really is possible to make the most of technology while avoiding the perils that come with it. In this workshop we'll talk about the trade-offs inherent in security, how to make smart choices, and resources you can use to cure your cyber stress symptoms. We'll even show you how a real attacker does reconnaissance when hunting their prey (you) and offer individualized micro-assessments on a first come, first served basis!

We're ICIT. We're from the government, and we're here to help. Iowa Counties IT, ISAC's IT affiliate, provides support, training, and networking opportunities to help Iowa counties fulfill their information technology (IT) and geographic information systems (GIS) needs. We'll tell you about ICIT, ISAC, OCIO, and lots of other acronym-loving organizations that offer free or low-cost services you can use to protect your county, your employees, and your citizens. Join us!

#### 12:30 – 2:30 Individualized Micro-Assessments (first come, first served basis)

#### Downtown Des Moines Mobile Tour

12:30 pm – 2:30 pm Off-Site

Catch what you've been missing on this downtown Des Moines walking tour (an optional shuttle will be provided for those who prefer or are unable to walk). Attendees of this guided, educational tour will visit the following six sites that bring economic development and enjoyment to the visitors and residents of Downtown Des Moines.

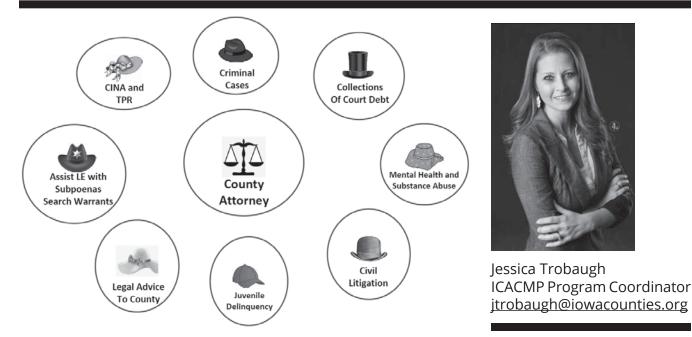
- 1. Lauridsen Skatepark
- 2. Des Moines River
- 3. Brenton Skating Plaza

- 4. Raygun
- 5. Iowa State Capitol
- 6. State Historical Building

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## Iowa County Attorney's Case Management Project



#### The Many Hats the County Attorney and Their Staff Wear in Iowa

Although many people in Iowa know who their county attorney is, most do not have any idea how many hats the county attorney and their staff wear daily. Often times other elected county officials and colleagues, who work in the same building as the county attorney's office, don't realize all of the responsibilities the county attorney's office is responsible for.

While attending a recent conference, I had the opportunity to speak with others who work in county attorneys' or district attorneys' offices across the country, and I have come to the realization that in Iowa we do things just a little bit differently than they do in many other parts of the United States. So why is that? To begin with, in Iowa, the county attorney's office is a **ONE STOP SHOP**! What does that mean exactly? In Iowa the county attorney's office is responsible for the prosecution of criminal cases, civil litigation for the county, Child in Need of Assistance (CINA) and Termination of Parental Rights (TPR) cases, Juvenile Delinquency cases, Mental Health/Substance Abuse cases, assisting law enforcement with subpoenas and search warrants, providing legal advice to county officials, the collection of delinquent court debt, etc. In many other states those duties are divided up into different divisions and not all handled within one office which allows the attorneys and staff in those offices to focus on just one of the aspects and not have to be proficient in all of them.

lowa is a very rural state with 25% of the counties having a population of less than 10,000 and those counties typically only have the elected county attorney and one support staff within their office. Another 25% of the state has a population between 10,000-15,000 which means that those county attorney's offices very likely have the elected county attorney and possibly one assistant county attorney with up to two support staff. With 50% of the state having small county attorney's offices, those who work within those offices have to be able to wear any hat that is thrown their way during the course of their day.

## Iowa County Attorney's Case Management Project

It is not unusual, in the course of a day, for a county attorney and their staff to:



Attend a board of supervisors meeting.



Attend multiple criminal court hearings.



Meet with someone from the Department of Human Services because they need to have an ExParte removal done on multiple children they feel are in danger.



Take time to speak to the family members of an individual who has just filed mental health or substance abuse paperwork and explain to them the process their loved one is about to go through.



Meet with several officers stopping by to have the county attorney review cases they are working on before they are filed.



Work with a defendant who is in need of a payment plan for their delinquent court debt so they can get the tags renewed on their vehicles.



And much more!

I hope this article helped to shed greater insight into what your county attorney's offices do to ensure the safety and wellbeing of your community. To learn more about the responsibilities of your county attorney, check in with your local elected official.

"We are in the business of helping good people overcome bad situations." David Reddell

### **Capitol Comments**

#### Iowa Businesses Against Trafficking

ISAC is proud to have recently joined Iowa Businesses Against Trafficking (IBAT) along with over 550 businesses and organizations statewide. The new coalition, spearheaded by the Secretary of State's Office (SOS), aims to bring awareness to the issue and prevent human trafficking by encouraging groups and individuals to Learn Something and Do Something.

Perhaps the most important thing to learn is that human trafficking, including labor and sex, is happening right here in Iowa, in small towns and larger cities alike. This devastating crime not only has a tremendous negative impact on victims and society in real time but can lead to cycles and even lifetimes of lasting effects. IBAT and other partners provide the resources needed to recognize human trafficking and the tools needed to help if you see something that doesn't seem quite right.



Lucas Beenken ISAC Public Policy Specialist Ibeenken@iowacounties.org

Your county should have recently received joint correspondence from ISAC/SOS via postal mail and email related to human trafficking and IBAT. The communication included information about IBAT and its mission and how to join, as well as templates for a county resolution and press release. We encourage you to review these materials and consider joining IBAT as a part of your efforts to combat human trafficking. We cannot think of a better way

to ensure a statewide effort than to have 99 counties join the cause and do their part to Learn Something and Do Something.

You should also be reminded of the Safe at Home program, also led by the Secretary of State's Office. This address confidentiality program provides victims of domestic violence, sexual assault, human trafficking, and similar crimes an



alternative legal address, mail forwarding, and confidential voting. For more information on Safe at Home, including what you can do to promote the program to your constituents, please contact <u>safeathome@iowa.gov</u>.

Human trafficking is happening across our state. Your help is needed to prevent this crime and to end these cycles. Iowa Businesses Against Trafficking provides the resources you need to start simple and Learn Something and Do Something. ISAC is a proud partner and encourages our 99 member counties to join the effort. For more information, please visit <u>ibat.iowa.gov</u> or <u>safeathome.iowa.gov</u>.

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WE ARE A PROUD SUPPORTER OF ISAC AND IOWA COUNTIES. Dorsey's attorneys provide specialized legal services to Iowa counties, including financing, economic development, public health, privacy laws and litigation.



## **June Board Minutes Summary**

#### Summary of ISAC Board Minutes - Wednesday, June 29, 2022

ISAC President Richard Crouch called the meeting to order at 8:30 am and led the Board in the Pledge of Allegiance. The April 28 ISAC Board of Directors and June 20 ISAC Executive Committee meeting minutes were approved unanimously.

Wendy Moran, Jose Garcia, and Mike VanKat, McGowen, Hurst, Clark & Smith, P.C., discussed planning, issues, and changes related to the FY 2022 ISAC audit. Staff was dismissed so that ISAC Board members could have the opportunity to raise any issues of concern prior to the start of the audit scheduled for August 2022. The audit report was accepted unanimously.

Brad Holtan gave a highlight of the financial report dated May 31, 2022, including an increase in the overall revenue due to stopping the waiver of IPAIT's fees. He further discussed leasing reporting changes related to the FY 2022 audit. The report was accepted unanimously.

Bill Peterson reported that the ISAC Executive Committee met and recommended an amendment to the FY 2023 budget that includes changes in three areas.

- 1. Increase the revenue from IPAIT from \$60,000 to \$114,000 due to the elimination of fee waivers.
- 2. Increase expenditures in the personnel category of the budget from 3% to 6% due to significant change in cost-of-living and inflation since the budget was considered beginning in January 2022.
- 3. Adjust the executive director's compensation to reduce the retirement contribution to 8.5% to match the remainder of the staff and move the difference (\$10,303) to the salary. There is no change to the cost-of-living increase for the executive director.

He reviewed the budget overview of the previously approved FY 2023 budget and the overall positive outcome of the proposed budget amendment. The amendment was approved unanimously.

Brad reported that the auditors have consistently raised concerns that the ISAC Group Health Plan IDNR is overstated. He recommended getting a second opinion from Nyhart and requested approval of their actuarial contract. The contract was approved unanimously.

Kristi Harshbarger discussed legal matters including payouts related to the Opioids lawsuit.

President Crouch recessed and reconvened the ISAC Board following adjournment of the Iowa Counties Technology Services Board meeting.

Katie Cook recommended the approval of a pre-construction proposal for space planning and schematic design from BBS Architects | Engineers (BBS). BBS was chosen after researching multiple firms and strong recommendations from previous clients whose offices were toured by ISAC staff. The tentative timeline for the renovation is during the winter of 2022/2023. A/V technology upgrades and a media room were suggested. The proposal was approved unanimously.

John Werden and Kristi requested approval and the Board unanimously approved filing a joint brief with the Iowa County Attorney's Association, Inc. in the Godfrey discrimination lawsuit.

Bill explained that Iowa has one appointment to the NACo Board of Directors. Melvyn Houser is the current representative, and he will reach the completion of his third, three-year term limit after the 2022 NACo Annual Conference. ISAC received two applications for the position, and the ISAC Executive Committee recommended that Richard Crouch be appointed as the ISAC NACo Board Representative. The Board approved the appointment. President Crouch abstained.

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Brad and Katie reported that the ISAC Annual Scholarship Golf Fundraiser will be held at Otter Creek Golf Course on July 13.

Rachel Bennett gave agenda highlights for the 2022 ISAC Annual Conference, and Jacy Ripperger gave a vendor and sponsor update.

Rachel reviewed the schedule and information related to the 2022 NACo Annual Conference.

Rachel requested approval and the Board approved the dates and locations of the 2024 ISAC Spring and Annual Conferences. The 2024 ISAC Spring Conference would be held March 13-15 at the Veterans' Memorial Community Choice Credit Union Convention Center, and the 2024 ISAC Annual Conference would be held at the same location on August 20-23.

Jamie Cashman and Lucas Beenken gave a final report of the 2022 legislative session, an overview of the 2023 legislative policy development process, and American Rescue Plan Act activities.

President Crouch adjourned the meeting.





## 2022 Calendar

#### August 2022

2-4	ISAC Board of Directors Retreat
	(Mills County)
24-26	ISAC Annual Conference
	(Veterans Memorial Community Choice Credit
	Union Convention Center, Des Moines)

#### September 2022

**ISSDA Fall Jail School** 20-23 (Airport Holiday Inn, Des Moines)

#### October 2022

9-12 Assessors Fall School (Airport Holiday Inn, Des Moines)

#### November 2022

10 ISAC Board of Directos Meeting (Hilton Downtown Des Moines)

#### Decmeber 2022

**ISSDA** Winter School 13-16

(Holiday Inn Des Moines Airport)

14-16 **ICEA** Conference (Veterans Memorial Community Choice Credit Union Convention Center, Des Moines)

#### 2022 ISAC Preferred Vendors

**Endorsed Elite Preferred Vendors** County Risk Management Services, Inc. representing ICAP and IMWCA Group Benefit Partners

**Elite Preferred Vendors** IP Pathways Summit Carbon Solutions

Endorsed Platinum Preferred Vendor Iowa Public Agency Investment Trust (IPAIT)

Platinum Preferred Vendors Ahlers & Cooney, P.C. Community State Bank D.A. Davidson Companies

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#### Delta Dental

Henry M. Adkins and Son MidAmerican Energy Northland Securities, Inc. Office of the Chief Information Officer (OCIO) Schneider Geospatial Tyler Technologies

#### **Gold Preferred Vendor**

Cost Advisory Services, Inc. Cott Systems Custom Tree Care Dorsey & Whitney LLP ISG Kofile Neapolitan Labs Purple Wave Auction, Inc. Out Services Group

## Vanguard Appraisals, Inc.

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#### January 2023

New County Officer's School 18-19 (Sheraton West Des Moines Hotel)

#### February 2023

Statewide Supervisors Meeting (Embassy Suites Des Moines Downtown)

#### March 2023 9-10

**ISAC** Spring Conference (Veterans Memorial Community Choice Credit Union Convention Center, Des Moines)

If you have any questions about the meetings listed above or would like to add an affiliate meeting to the ISAC calendar, please contact Kelsey Sebern at ksebern@iowacounties.org.

#### Sidwell

Speer Financial, Inc. Wellmark Blue Cross Blue Shield of lowa Vanguard Appraisals, Inc. Ziegler CAT

#### Silver Preferred Vendors

Advanced Correctional Healthcare **ITC Midwest** 

#### **Endorsed Preferred Vendors**

National Association of Counties (NACo) Nationwide Retirement Solutions **Omnia Partners** Professional Development Academy





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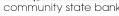
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- **Tenex Electronic Poll Books**
- **Tenex Election Night Reporting**
- **EasyVote Election Management Software**

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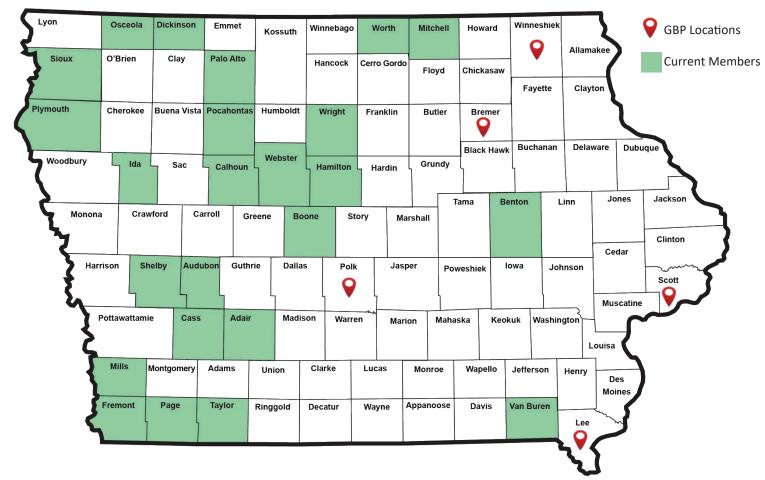
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# ISAC Group Benefits Program



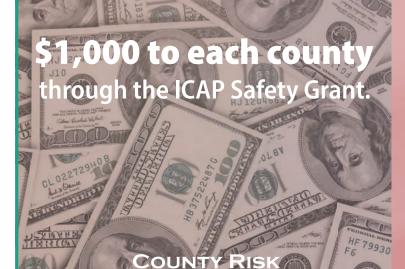
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