

Track Incentives

- Employees can use the Wellmark Wellness Center to track their incentives and the reward amount they will receive
- Click on “Rewards” at the top of the home page next to the search box or in the middle of the page with the gift box

The screenshot shows the Wellmark Wellness Center website interface. At the top, there is a navigation bar with links for Home, Healthy Living, Health Record, Health Information, Return to myWellmark, and Rewards (highlighted in red). A search bar is located to the right of the navigation bar. Below the navigation bar, the Wellmark logo and the text "Wellmark Wellness Center" are displayed, along with "POWERED BY WebMD health services".

The main content area features a large banner image of a family hugging. Below the banner, there is a section titled "fname's Action Plan" with a sub-header "Today would be a great day to..." and a button "Take your Wellness Assessment ...and earn Rewards!".

Below the banner, there are three promotional tiles:

- "Get the whole picture! Sync your device with WebMD" with a "Let's Go" button.
- "Get Rewarded! Start earning now by completing healthy activities." with a gift box icon, which is circled in blue.
- "Healthy Habits Made Easy" with a sub-header "Put exercise habits in your pocket with Daily Victory".

Below the promotional tiles, there is a section for "Flu Activity Up, Some Schools Closing" with a sub-header "Many Flu Infections Aren't Good Match for Vaccine: CDC" and a "Learn More" link. There is also a "Myths and Facts About Snot" section with a "More" link.

At the bottom of the page, there is a "Notices" section with buttons for "1 New", "Secure Messages", "Status", and "Current Rewards". Below the notices, there are links for "Symptom Checker", "WebMD Newsletters", "Quizzes & Calculators", and "Health Topics".

The footer contains a "8-Week Wellness Challenge" section with a "Sign up and complete the 8-Week Wellness Challenge and be rewarded 50 points. To register visit [8-Week Challenge](#)." and three promotional boxes: "Promote Upcoming Wellness Events", "Preventive Exam Promotion", and "Company Logo Here".

\$100		\$100 Gift Card Earn reward by 10/31/2015	In progress
\$50		\$50 Gift Card Earn reward 3 times by 10/31/2015	1 activity needed to earn reward

What you need to do to earn this reward

\$100		\$100 Gift Card Earn reward by 10/31/2015	In progress
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What you need to do to earn this reward

\$50		\$50 Gift Card Earn reward 3 times by 10/31/2015	1 activity needed to earn reward
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Finish these activities before you can redeem your reward

- Complete Preventive Exam [more](#) [I Did This](#)
- Complete the Wellness Assessment [more](#) [Do It](#)

Wellmark Wellness Center ✔ DONE

Congratulations! You have completed your Wellmark Wellness Center requirements.

- Returning Users: Visit Wellmark Wellness Center in 2015 [more](#)
- New Users: Register on Wellmark Wellness Center [more](#) ✔ DONE

Do one of these activities

- Live Out Loud – LOL**
Do this by 10/31/2015
A 6 week TAVI Health Program that is focused on making time to do the things that put you in a great state of mind. LOL is focused on activities such as exercising, connecting with friends, working on a hobby or playing with your kids. Participants earn points/incentives for choosing an activity that puts them in a positive state of mind. See your wellness committee for additional information and when your county will offer the program.
- Go Bananas [more](#)
- Live Healthy Iowa: 10 Week Wellness Challenge [more](#)
- Burst Your Thirst [more](#)

To Self Report your Preventive Exam



Enter the date of the exam

Finish these activities before you can redeem your reward

Complete Preventive Exam [less](#)

Do this by 10/31/2015

I Did This

When did you do this? Save

September 2015						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Complete ONE of the following by September 30, 2015 and October 31, 2015: Annual Physical, Mammogram, Prostate Exam, Zoster Vaccine, Colonoscopy, and Gynecology Exam. To earn credit for the activity, you must complete this and your Wellness Assessment to receive \$100.

To earn credit for the activity, you must complete this and your Wellness Assessment to receive \$100. Enter the date of the exam in the space above and click Save.

Complete the Welln

Do this by 10/31/2015

Do It

Hit SAVE

Complete Preventive Exam [more](#)

You did this on 9/1/2015

DONE